## VICTORY OVER TEMPTATION 1 Cor 10:13; James 1:12-15; 1 Thess 4:3-4

### **INTRODUCTION:**

o "Temptation provokes me to look upward to God" – John Bunyan

### This message will examine seven conditions for Victory over Temptation:

- **I. Be Vigilant** (1 Pet 5:8)
  - **A.** Be consistently on guard against Satan.
  - **B.** Be consistently on guard against your weaknesses.

### **II.** <u>Imagine the Consequences</u> (Gal 6:7-8)

- A. Lying and Stealing
- B. Illicit Sexual Relationships
- C. Disobedience to God

# III. Cry Out to God (Ps 34:6)

- "This poor man cried, and the Lord heard him, and saved him out of all his troubles" (Ps 34:6).
- o "And call upon me in the day of trouble: I will deliver thee, and thou shalt glorify me" (Ps 50:15).

# **IV.** Take Thoughts into Captivity (2 Cor 10:3-5)

- A. Deal with tempting thoughts within the first four seconds
- **B.** How to bring every thought into captivity?

### V. Turn to the Omnipresence of God Before Us (Gen 39:7-9)

- o "For his eyes are upon the ways of man, and he seeth all his goings" (Job 34:21).
- o "7 Whither shall I go from thy spirit? or whither shall I flee from thy presence? 8 If I ascend up into heaven, thou art there: if I make my bed in hell, behold, thou art there. 9 If I take the wings of the morning, and dwell in the uttermost parts of the sea; 10 Even there shall thy hand lead me, and thy right hand shall hold me" (Ps 139: 7-10).

### VI. Rely on Scripture (Ps 119:11)

- **A.** Jesus quoted Scripture when tempted by Satan.
- **B.** "I made a covenant with mine eyes; why then should I think upon a maid?" (Job 31:1).

### **VII.** <u>Yield to the Spirit</u> (Rom 8:13)

o "For if ye live after the flesh, ye shall die: but if ye through the Spirit do mortify the deeds of the body, ye shall live" (Rom 8:13).

### **CONCLUSION:**

- A. Remember: God will help you to achieve Victory over Temptation.
- B. Hymn Yield Not to Temptation
- C. Romans Road to Salvation (Rom 3:10, 23; 5:8; 10:9, 13)

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"... the word of our God shall stand for ever" (Isa 40:8).